

# CHRISTIAN CHAPEL ACADEMY

## Fresh Ideas for Lunch

JUNE				
Monday	Tuesday	Wednesday	Thursday	Friday
	<p><i>Peanut butter &amp; jelly or deli sandwich offered as an entree alternative every day.</i></p> <p><i>Fresh fruit, sliced bread &amp; butter, milk and juice offered daily.</i></p>	<p>* Gluten Free ^ Dairy Free</p>	1	2
5 Hot Dog *^ Potato Chips *^ Baked Beans *^	6 Beef & Broccoli *^ Veggie Egg Roll *^ Mixed Vegetables *^ Fortune Cookie ^	7 Chicken Nuggets ^ Sweet Potato Fries *^ Green Beans *^ Yeast Roll	8 Fettuccini Alfredo Sliced Chicken *^ Sweet Peas *^ Garlic Breadstick	9 Ham & Cheese Hoagie Grape Tomatoes *^ Diced Pears *^ Cheese Stick *^
12 Toasted Beef or Cheese Ravioli with Marinara *^ Sweet Corn * Garlic Toast	13 Chicken Pie Buttery Egg Noodles Steamed Snow Peas *^	14 Fish Nuggets ^ Diced Fruit *^ Steamed Broccoli *^	15 Pizza Party! Cucumber Moons & Ranch * Chocolate Cake	16 Grilled Chicken Wrap *^ Caesar Salad * Mandarin Oranges *^ Yogurt Tube *
19 Spaghetti & Meatballs Roasted Cauliflower *^ Garlic Breadstick Ranger Cookie	20 Sliced Ham *^ Cinnamon Baked Apples * Roasted Carrots *^ Egg Noodles	21 Chicken Patty Sandwich ^ Triangle Tots *^ Edamame *^	22 Buttermilk Biscuits Sausage Gravy Scrambled Eggs *^ Cantaloupe *^	23 Turkey & Cheese Croissant Fresh Snow Peas *^ Mixed Fruit *^ Chocolate Chip Granola Bar *^
26 Nacho Bar *^ with Ground Beef *^ Jalapenos, Salsa, Black Olives, Sour Cream & Shredded Cheese Beans & Rice *^	27 Cheese Tortellini with Marinara *^ Sweet Peas *^ Garlic Toast	28 Hamburger or Cheeseburger *^ Lettuce, Tomato & Pickle *^ French Fries *^ Chocolate Pudding	29 Popcorn Shrimp Rice Pilaf *^ Steamed Broccoli *^	30 Ham & Turkey Deli Stackers Carrot Sticks *^ with Ranch Watermelon *^ Pretzel ^

Nutrition Tip: Just like cars, buses and trains, our bodies need fuel to work. It's important to start your day with breakfast!

Contact: [sconnor@freshideasfood.com](mailto:sconnor@freshideasfood.com)

All Fresh Ideas menus are subject to change due to product shortage or program needs.

