

CHRISTIAN CHAPEL ACADEMY

Fresh Ideas for Lunch

FEBRUARY				
Monday	Tuesday	Wednesday	Thursday	Friday
			1 BBQ Rib Sandwich ^ Sautéed Peppers & Onions *^ Cole Slaw *^	2 Stuffed Crust Pepperoni Pizza Broccoli with Ranch *^ Dessert Day!
5 No Lunch - school closed for K3 - K8 grades Lunch available for K0 - K2B	6 Chicken Fettuccine Alfredo ^ Carrot Coins *^ Garlic Bread Sticks ^	7 Fish Sandwich *^ Cheesy Potatoes Steamed Peas *^	8 Cheesy Nachos * with Beef or Chicken Refried Beans *^ White Rice *^	9 Handcrafted Sausage Pizza Baby Carrots with Ranch *^ Chocolate Ice Cream Cups *
12 Chicken Patty Sandwich ^ Lettuce & Tomatoes Sweet Potato Fries *^ Buttered Corn *	13 Beef & Chicken Soft Tacos *^ Refried Beans *^ Spanish Rice *^ Taco Toppings Bar	14 Chicken & Dumplings ^ Cucumber Salad *^ Steamed Broccoli *^	15 Chili Dogs Potato Chips *^ Roasted Cauliflower *^	16 No Lunch - school closed for K3 - K8 grades Lunch available for K0 - K2B
19 No Lunch - school closed for K3 - K8 grades Lunch available for K0 - K2B	20 Spaghetti Pasta ^ with Alfredo or Marinara Sauce * Mandarin Oranges *^ Garlic Bread ^	21 Turkey Croissant Sandwich Loaded Potato Soup * Steamed Peas & Carrots *^	22 Beef & Broccoli Stir Fry *^ Steamed Rice *^ Stir Fried Mix Veggies *^ Fortune Cookies ^	23 Cheesy Pizza Sticks with Marinara Sauce Green Beans *^ Dessert Day!
26 Biscuits & Gravy Scrambled Eggs *^ Sausage Links *^	27 Chicken Nuggets *^ Macaroni & Cheese Tropical Fruit *^	28 Grilled Cheese Sandwich Roasted Red Potatoes *^ Tomato Soup *^ Mixed Veggies *^	* Gluten Free ^ Dairy Free	<i>Peanut butter & jelly or deli sandwich offered as an entrée alternative every day.</i> <i>Fresh fruit, sliced bread & butter, milk and juice offered daily.</i>

Nutrition Tip: Do you know what kind of fuel your body needs? Our bodies need minerals, vitamins, fiber, fats and protein every day. Each of these foods has a different purpose.

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All Fresh Ideas menus are subject to change due to product shortage or program needs.

